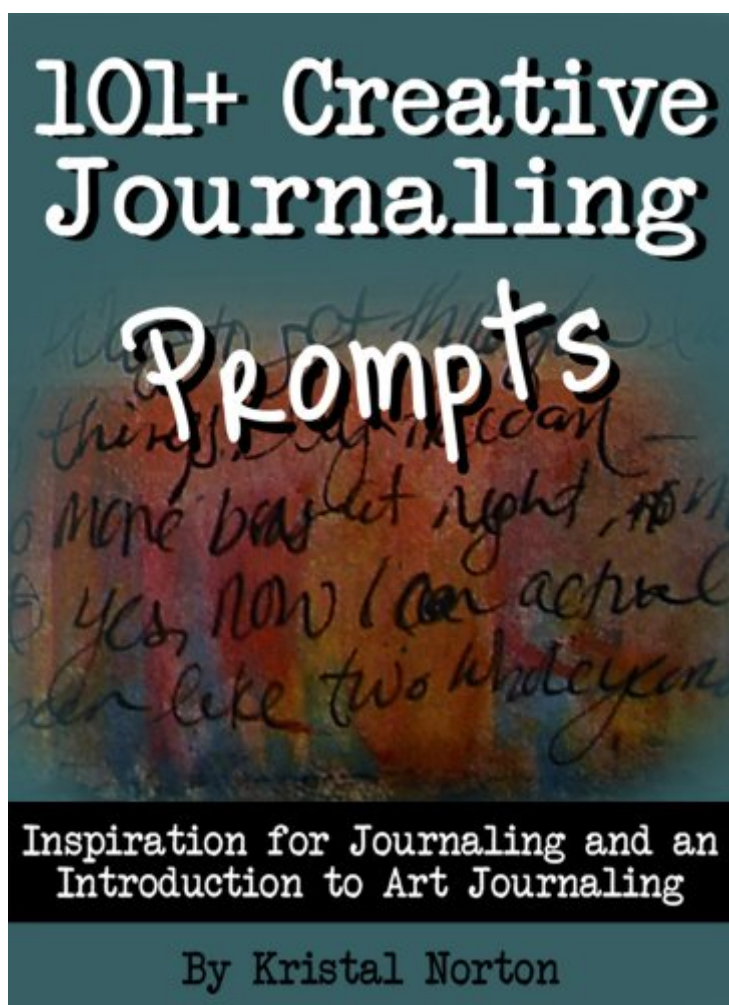


The book was found

101+ Creative Journaling Prompts: Inspiration For Journaling And An Introduction To Art Journaling



Synopsis

101+ Creative Journaling Prompts is an inspiring collection of writing prompts (that you'll actually want to use!) designed to help you dig deeper to discover more of your true self and to inspire you on those days where you aren't quite sure what to write about. If you're looking for a deeper connection with your journal, author and artist Kristal Norton sheds light on a more rewarding form of journaling with a brief introduction to art journaling and 20 bonus art prompts. She also shares pages of her creative journal that were inspired by the prompts in the book, showing how each prompt can be used and interpreted in many ways. This book is overflowing with inspiration: 101 creative writing prompts that encourage introspection, great for traditional journaling as well as art journaling Visual examples of prompts interpreted by the author 20 quick and easy art prompts to get you started adding color and imagery to your journal Bonus video of author and artist Kristal Norton creating an art journal page from start to finish using this book for inspiration A PDF version of all the prompts in this book so that you can print, cut out, and put them in a jar for easy access when you're feeling stuck

Book Information

File Size: 1160 KB

Print Length: 29 pages

Simultaneous Device Usage: Unlimited

Publication Date: November 28, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B00AFCYSE2

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #59,411 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #5

in Kindle Store > Kindle Short Reads > 45 minutes (22-32 pages) > Crafts, Hobbies & Home

#16 in Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > Crafts & Hobbies > Reference

Customer Reviews

Kristal Norton has created a wonderful list of writing prompts that has me excited to get to my journaling. The prompts are categorized nicely and of a wide and thoughtful variety. I loved seeing her inspirational art journaling between the chapters and can't wait to watch the video that she's included. This is a great little book that's packed with goodness from the first page to the last.

If you keep a journal, and run out of ideas, this is the book for you. There are a variety of prompts, some serious, others are light and fun. I've used it many times, especially on those days when I'm not sure what I want to write about in my journal. When you're thinking, "OK, what shall I write about today?" Pick up this book and you'll have your answer.

YES! I love the book. It's on my kindle and I refer to it all the time. What I'm having problems with is the video series. I signed up, it was confirmed when I got your email, but it won't let me view anything but video #1. I really hope you get this because I'm so eager to see the others. When I am done, I'm going to have a really CRAZY admission to just HOW much I relate to your initial experience. You have made me feel so much better about how I have been dealing with this art journaling process, or my LACK of really dealing with it. Just wait until you hear this story!!! Please, please, please tell me HOW to see the rest of the video series. Thanks in advance, Annalee (aheart4critters@aol.com)

Love, love what Kristal Norton has done with these exercises/prompts and games. I'll never be without an inspirational idea again. Thanks so much; jammed packed with inspirational prompts

I purchased this book quite a while back and had not had a chance to look through it until now. I am happy to say I was very pleasantly surprised. As I was reading a few of the prompts, I was having creative images pop into my head, inspiring me to create art! I decided I would be able to utilize the book better by printing out each prompt, putting them in a container, and then just picking one a day. I am going to use this book to help me create a year of daily art. Thank you :)

Although I've kept a journal on and off for a long time and I've been interested in art journaling and the like for quite some time, this book still had some great tips. Some of her ideas were new to me,

some I already do, and some were things I've done and forgotten about. It was also really great to see her art journaling pages, as it inspired a few new ideas in me! Definitely worth checking out for such a cheap price!

This book is wonderful to have at hand on my Kindle in the studio for getting me started on slow start days. Kristal Norton did a great job of organizing her book for newbies and oldies. It won't intimidate. It will encourage! This excellent resource can easily cross over for from art journaling, creative/stream of conscience writing to reflective meditation. Enjoy!

This is a wonderful little e-book with inspiring prompts and artwork. There is a bonus art journaling lesson at the end of the book that adds a nice touch to the prompts. Enjoyed this e-book very much!

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